















1. When the bracelet is turned off, a long touch of the function button can make the device vibrate and start up for more than 3 seconds
2.When the bracelet is on, switch to the shutdown interface, and the long touch DEVICE ATTACHMENT

2. No operation with the default five-second message screen, the user can connect to the mobile APP to modify the message screen time;
3. Switch to the automatic test of heart rate and blood pressure interface, and stop the test of leaving heart rate and blood pressure interface.

My device (IOS)
Search the device (Android) Pull down the scan device



MOBILE APP DOWNLOAD Scan the QR code below or enter the major application markets to download and install " DayBand"

Device requirements; iOS 8.0 and above; Android 4, 4 and above, support bluetooth 4.0 entering the app

When using the bracelet for the first time, the APP should be connected for calibration. The bracelet will automatically synchronize the time after successful connection, otherwise the step and sleep data are not allowed.

reasonably Planning is conducive to the improvement of physical fitness.

Bluetooth connection: After the pairing is successful, the App automatically saves the Bluetooth address of the bracelet. When the App is opened or running in the background, it will automatically

search and connect the bracelet. **Data Synchronism:** Manually pull down the synchronization data on the app homepage; The bracelet can store 7 days of the offline data. The more data is, the longer the synchronization time will be, which is about 2 minutes at most. After the synchronization is completed, there will be a prompt "Synchronization completed". APP FUNCTIONS AND SETTINGS

> Personal information and sports goals Please set the personal information at first after

Setting → Personal setting Head image - Gender - Age - Height - Weight can Personal information can improve the accuracy Customize your daily sports goals and exercise

bracelet is to wear the bracelet on the wrist. When the user walks and the arm swings, the bracelet is recorded as the walking step data in accordance with the number of the swings, which Heart rate monitoring

In the heart rate monitoring interface, please wait for tens of seconds before data appears

FUNCTION INTRODUCTION OF BRACELET

Main interface When there is no connection icon, it means that the bracelet is not connected to the mobile phone. When the connection icon annears, it means that the connection is successful. When the

bracelet and the app are paired for the first time, the bracelet will

synchronize the time, date and week of the mobile phone. Long press 3 seconds to switch the main interface

Motion Data Display step counting, the default motion data mode of the

Notes for heart rate / blood pressure test: During the test, the icon will beat and the heart rate led on the back of the bracelet will light up During the test, the sensor should be close to the skin to avoid the influence of external light on the accuracy of the test

oxygen interface

In the blood pressure monitoring interface, you can also connect the mobile app to measure in the blood pressure interface

Blood oxygen monitoring In the blood oxygen monitoring interface, you can also connect the mobile app to measure in the blood

In the message interface, press and hold for three seconds to view the message, click turn page, and after viewing the information, you can exit or press and hold for three seconds to exit.

More functional interface

Information interface

In the more function interface, long press for three seconds to enter the lower menu interface for more function operations.

Restore setting interface

About the wristband interface On the hand ring interface, the last four digits of Bluetooth address and software version number

are displayed.

Find phone interface

In the connected state, click the "Find mobile phone" option, and the mobile phone will send out a vibration reminder or a ringing tone reminder.

In the shutdown interface, press and hold the mobile phone for more than three seconds to vibrate and shutdown.

Press and hold for three seconds in the reset interface to reset the bracelet to the factory settings.

Shutdown interface

PROMOTING FUNCTION

The reminder function needs to turn on the reminder switch in the app setting center, and keep the mobile phone and the bracelet in the status of successful Bluetooth connection, so as to vibrate the reminder when the message comes.

Intelligent alarm clock: Three alarm clocks can be set. After setting, it will be

Sedentary reminder: The default reminder interval is one hour; When connected, if the

user does not move within one hour after opening, the bracelet will vibrate to remind the

Call reminding: When calling, the bracelet will vibrate and display the name or number of the call. (If the caller's name is saved in the phone book, the name will

be displayed, otherwise the number will be displayed.) SMS reminder: When receiving the SMS, the bracelet will vibrate, and the SMS icon will be displayed to remind: When the SMS of the contact person in the address book displays the name, the SMS of the stranger displays the number.

Twitter reminds: When receiving the Twitter message, the bracelet will vibrate and

synchronized to the bracelet. Intelligent alarm clock is a silent alarm clock. When the alarm is set, the bracelet will vibrate moderately, and offline alarm is supported.

COMMON PROBLEMS

Why should we wait 8 seconds for heart rate test? To test your heart rate, you need to collect signals for a long time to accurately calculate your

What if Bluetooth doesn't work? (Connection / reconnection failed or slow) Confirm whether your device is IOS 8.0 and Android 4.4 or above and support Bluetooth 4.0

1. Due to the problem of the signal interference in Bluetooth wireless connection, the time of each connection may not be the same. If the connection fails for a long time, please ensure that the operation is carried out in the environment without magnetic field or interference of multiple Bluetooth devices.

2. Turn Bluetooth off and on again

3. Turn off the background application of the mobile phone or restart the mobile phone

4. Do not connect other Bluetooth devices or functions at the same time.

5. Whether the app runs normally in the background. If not, it may not be connected.

Can't search for the bracelet?

Because the bracelet is not found by the mobile phone during Bluetooth broadcast, please make sure that the bracelet is powered on, activated, and not bound with other mobile phones, and then close the bracelet to the mobile phone. If it is still invalle, please turn off the Bluetooth of the mobile phone, and restart the Bluetooth of the mobile phone 20 seconds Facebook reminding: When receiving facebook information, the bracelet will vibrate and display facebook icon reminder.

Why should the bracelet be worn tightly when measuring heart rate?

The bracelet adopts the principle of light reflection. After the light source penetrales the skin, the signal reflected to the sensor is collected to calculate your heart rate. If it is not worn tightly, there will be ambient light entering the sensor, which will affect the measurement accuracy.

and the alarm clock reminder supports offline.

 Screen ruler
 0.96inch
 Bluetooth
 Bluetooth 4.0

 Battery type
 Lithium Polymer
 waterproof
 lp67 waterproof

 Charging time
 1.5-2 hours
 capacity
 90mAh

 Wrist band ruler
 245mm*16mm*11.5mm
 Packing
 Bracelet+Instructions

PARAMETER

Why hasn't the reminder been activated?

Android mobile phone: Confirm that the mobile phone is connected to the bracelet, open the corresponding permissions in the mobile phone settings after connecting, allow the "Dayband" app to access calls, SMS, contacts, and keep "Dayband" running in the background; if the mobile phone is installed with security software, please add "Dayband" as trust.

Apple mobile phone: If there is no reminder after connecting, it is recommended to restart the mobile phone and reconnect. When connecting the bracelet again, you must wait until the mobile phone pops up [Bluetooth matching request], and click [Match] before there is a reminder. MATTERS NEEDING ATTENTION

 Please avoid strong impact, extreme heat and exposure to the sun. Do not disassemble, repair or modify the machine by yourself.

• The machine is charged with 5V500mA, and it is strictly prohibited to use over voltage load power supply for charging. The operation environment of this machine is 0-45 degrees. It is forbidden to throw

is the directed waterproof or dissiproof grade (IP67 standard is water depth below 35 degrees and water depth below 1 meter for 30 minutes). In general, hand washing, rain washing and car washing can be wom at will, and when it is hot water, it can't be worn. it into the fire to avoid the explosion. Please dry the Bracelet with a soft cloth before charging, otherwise it will corrode the charging contact point and lead to charging failure.

Does the Bluetooth connection need to be on all the time? Is there any data after the disconnection? Before the data is not synchronized, the data is kept on the bracelet host (data can be kept for seven days). When the Bluetooth connection between the mobile phone and the bracelet is successful, the data of the bracelet will be uploaded to the mobile phone automatically. Please synchronize the data to the mobile phone in time.. Do not touch the chemicals such as the gasoline, cleaning solvents, propanol, alcohol or insect repellents.

Do not use this product in high voltage and high magnetic environment. You may feel uncomfortable if you have sensitive skin or if you wear your bracelet

•Please dry the sweat drops on the wrist in time, and the watch strap may cause the allergic pruritus if it is exposed to soap, sweat, allergen or contaminating ingredients for

If it is used frequently, it is recommended to clean the Bracelet every week. Wipe

with a damp cloth and remove oil or dust with mild soap. Do not wear the Bracelet for a hot bath.

• After swimming, please wipe the bracelet in time to keep it dry.